

**You Can
Quit Smoking**
We can help

DO YOU WANT TO QUIT SMOKING CIGARETTES?

The **STOP program** delivers research-based, cost-free smoking cessation workshops in local communities.

Eligible participants will:

- ✓ Attend an **educational session**
- ✓ Receive a five-week course of **nicotine patches**

Workshop will be held on
April 18, 2018
5:30 p.m.
Sudbury

To learn more, see if you qualify, and to register, contact:

Public Health Sudbury & Districts
Tobacco Information Line
705.522.3433, 1.866.522.3433 (toll-free)

**Confidentiality assured.*



**Public Health
Santé publique**
SUDBURY & DISTRICTS



STOP SMOKING TREATMENT for ONTARIO PATIENTS

camh
Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

For more detailed information on the STOP program, please call 416.535.8501, ext. 4455 or email stop.study@camh.ca. CAMH is a research and teaching hospital fully affiliated with the University of Toronto and is a Pan American Health Organization/World Health Organization Collaborating Centre. For information on other CAMH treatment programs and services, visit www.camh.ca or call 416.535.8501 (1.800.463.6273).