



Public Health
Santé publique
SUDBURY & DISTRICTS

Public Health Sudbury & Districts is seeking your assistance in promoting a smoking cessation workshop in your community.

This workshop is part of the STOP (Smoking Treatment for Ontario Patients) program and it is offered in partnership with the Centre for Addiction and Mental Health. The STOP program is a province-wide initiative that delivers research-based, cost-free smoking cessation support to eligible Ontario smokers who wish to quit smoking.

Eligible participants will attend a one-time group education session and receive 5 weeks of free nicotine patches to double their chances of quitting smoking. The education session provides information on the proper use of nicotine replacement therapy and on how to develop a quit plan.

The workshop will be held April 18, 2018, in Sudbury at 5:30 p.m. Participants **MUST** pre-register to determine eligibility before they can attend a workshop. The exact location of the workshop will be supplied upon registration.

Interested individuals can contact Public Health Sudbury & Districts' Tobacco Information Line at 705.522.3433 or 1.866.522.3433 (toll-free) Monday to Friday 8:30 a.m. to 4:30 p.m. to learn more, see if they qualify, and to register.

Your assistance in promoting this event is greatly appreciated. If you require more information, please do not hesitate to contact us at the numbers above.

Sincerely,

Teresa Lazinski, RN BScN, Public Health Nurse

Sudbury

1300 rue Paris Street
Sudbury ON P3E 3A3
t: 705.522.9200
f: 705.522.5182

Rainbow Centre

10 rue Elm Street
Unit / Unité 130
Sudbury ON P3C 5N3
t: 705.522.9200
f: 705.677.9611

Sudbury East / Sudbury-Est

1 rue King Street
Box / Boîte 58
St.-Charles ON POM 2W0
t: 705.222.9201
f: 705.867.0474

Espanola

800 rue Centre Street
Unit / Unité 100 C
Espanola ON P5E 1J3
t: 705.222.9202
f: 705.869.5583

Île Manitoulin Island

6163 Highway / Route 542
Box / Boîte 87
Mindemoya ON POP 1S0
t: 705.370.9200
f: 705.377.5580

Chapleau

101 rue Pine Street E
Box / Boîte 485
Chapleau ON POM 1K0
t: 705.860.9200
f: 705.864.0820

Toll-free / Sans frais

1.866.522.9200

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